

# GREATER MORRISTOWN Y WATER FITNESS SCHEDULE

## DECEMBER 2016

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>NOVEMBER 28</b>	<b>NOVEMBER 29</b>	<b>NOVEMBER 30</b>	<b>December 1</b>	<b>2</b>
9am Shallow Carol	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15pm Deep On your own	9am DEEP Marie	1:30pm Shallow Lisa	9 am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
9am Shallow Carol	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15pm Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
9am Shallow Carol	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15 pm Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
9am Shallow Carol	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15 Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Chris
1:30pm Shallow Karen	1:30pm Shallow Karen			

Happy Holidays - classes resume Monday January 2<sup>nd</sup> 2017