

GREATER MORRISTOWN Y WATER FITNESS SCHEDULE

FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 30	January 31	FEB. 1st	2	3
9am Shallow Karen	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15pm Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9 am DEEP Marie	1:30 Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
6	7	8	9	10
9am Shallow Chris	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15pm Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
13	14	15	16	17
9am Shallow Karen	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15 pm Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	
20	21	22	23	24
9am Shallow Chris	9am Water Walking-Chris	9am Shallow Chris	9am Gentle Aqua Bonnie	9am Shallow Karen
12:15 Deep Chris	9am DEEP Marie	1:30pm Shallow Lisa	9am DEEP Marie	1:30pm Shallow Pat
1:30pm Shallow Karen	1:30pm Shallow Karen		1:30pm SWIM INC.	

<: REMINDER: Water shoes are recommended in all shallow water classes.

